FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Title of Security (Instr. 3) 2. Transaction Date				2A. Deemed Execution Date,	3. Transaction	4. Securities Acquired (A) or D Of (D) (Instr. 3, 4 and 5)	isposed	5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect			
		Table I -	Non-Derivativ	e Securities A	cquired, [Disposed of, or Benefi	cially (Owned					
(City)	(State)	(Zip)						1 013011					
LARGO	FL	33773						Form filed by More Person					
(Street)			4.	If Amendment, Date	e of Original Fi	led (Month/Day/Year)	6. Indiv Line)	idual or Joint/Group Form filed by One	•				
11311 CONC	CEPT BOULEVA	RD	_										
C/O CONMI	ED CORP		03	3/01/2021				EVP Legal Affa	urs,Gen. Cour	isel			
(Last) (First) (Middle)				Date of Earliest Tra	nsaction (Mon	th/Day/Year)	X	Officer (give title below)	below				
1. Name and Ad JONAS D	ldress of Reporting F ANIEL	Person*		Issuer Name and Tool			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
Instruction 1	(b).					urities Exchange Act of 1934 Company Act of 1940	nours per response: 0.5						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Of (D) (Instr.		I (A) or Disposed 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(instr. 4)		
Common Stock	03/01/2021		M		3,221	A	\$39.87	16,929	D			
Common Stock	03/01/2021		S		3,221	D	\$123.2596 ⁽¹⁾	13,708	D			
Common Stock	03/01/2021		M		624	A	\$41.93	14,332	D			
Common Stock	03/01/2021		S		624	D	\$123.2752 ⁽²⁾	13,708	D			
Common Stock	03/01/2021		M		3,500	A	\$41.93	17,208	D			
Common Stock	03/01/2021		F		2,345	D	\$123.2	14,863	D			
Common Stock	03/02/2021		M		2,199	A	\$39.87	17,062	D			
Common Stock	03/02/2021		S		2,199	D	\$121.8437 ⁽³⁾	14,863	D			
Common Stock	03/02/2021		M		1,000	A	\$41.93	15,863	D			
Common Stock	03/02/2021		S		1,000	D	\$121.9194(4)	14,863	D			
Common Stock	03/02/2021		G	V	800	D	\$0	14,063	D			
Common Stock	03/02/2021		G	v	150	D	\$0	13,913	D			
Common Stock	03/02/2021		G	V	150	D	\$0	13,763	D			
Common Stock	03/02/2021		G	V	150	A	\$0	450	I	daughter		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)			Derivative		Expiration Da	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
\$39.87	03/01/2021		М			3,221	(5)	03/01/2026	Common Stock	3,221	\$0	2,199	D	
\$41.93	03/01/2021		М			624	(5)	03/01/2027	Common Stock	624	\$0	24,376	D	
\$41.93	03/01/2021		М			3,500	(5)	03/01/2027	Common Stock	3,500	\$0	20,876	D	
\$122.55	03/01/2021		A		21,250		(6)	03/01/2031	Common Stock	21,250	\$0	21,250	D	
	conversion or Exercise Price of Derivative Security \$39.87	Date (Month/Day/Year)	Conversion of Exercise Price of Derivative Security \$39.87 03/01/2021 \$41.93 03/01/2021 Execution Date, if any (Month/Day/Year) Image: Month Price of Derivative Security Sample of Derivative Security O3/01/2021	Conversion of Exercise Price of Derivative Security	Conversion of Exercise Price of Derivative Security	Conversion of Exercise Price of Derivative Security Price	Execution Date Friendly Code Code Instruction Code (Instruction Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Conversion of Exercise Price of Derivative Security	Conversion of Exercise Price of Derivative Security	Date Common or Exercise Common or Exercise	Date of Exercise Price of Derivative Security Price of De	Conversion of Exercise Price of Derivative Security Month/Day/Year) Price of Derivative Security Price of Derivative Security Price of Derivative Security Privative	Conversion of Exercise of Price of Derivative Securities Pr	Conversion of Exercise of Price of Derivative Securities Pri

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				e of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Options To Purchase Common Stock	\$39.87	03/02/2021		М			2,199	(5)	03/01/2026	Common Stock	2,199	\$0	0	D	
Options To Purchase Common Stock	\$41.93	03/02/2021		М			1,000	(5)	03/01/2027	Common Stock	1,000	\$0	19,876	D	

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$123.25 to \$123.49. Full information regarding the number of shares sold at each separate price will be provided upon request of the Commission staff, CONMED, or a CONMED security holder.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$123.25 to \$123.405. Full information regarding the number of shares sold at each separate price will be provided upon request of the Commission staff, CONMED, or a CONMED security holder.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$121.80 to \$122.22. Full information regarding the number of shares sold at each separate price will be provided upon request of the Commission staff, CONMED, or a CONMED security holder.

 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$121.80 to \$122.33. Full information regarding the number of shares sold at
- each separate price will be provided upon request of the Commission staff, CONMED, or a CONMED security holder.

 5. The stock options were granted under the Company's 2015 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.
- 6. The stock options were granted under the Company's 2018 Long-Term Incentive Plan and generally vest in equal amounts over a five year period

<u>Daniel S. Jonas</u> <u>03/03/2021</u>
** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.