## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> TRYNISKI MARK E						2. Issuer Name and Ticker or Trading Symbol <u>CONMED CORP</u> [ CNMD ]										Relationshi heck all app X Direc	,					
(Last)	``	rst)		<ul> <li>3. Date of Earliest Transaction (Month/Day/Year) 06/01/2014</li> </ul>											er (give title			(specify				
1964 PENFOLD WAY							4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BALDWINSVILLE NY 13027																X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)																						
Table I - Non-Deriva           1. Title of Security (Instr. 3)         2. Transact Date (Month/Day						ion 2A. Deemed Execution Da			te, 3. Code (In		4. Secution Dispos		of, or Benefici Irities Acquired (A sed Of (D) (Instr. 3,		ed (A)	or 5. Amo Securi Benefi Owned	ount of ities icially d	For (D) Ind	lirect (I)	7. Nature of Indirect Beneficial Ownership		
					Code	,	v	Amoun	it (/	A) or D)	Price				str. 4)	(Instr. 4)						
Common Stock 06/01/2						014			М		200		0	Α	\$(	) 1	13,000		D			
Common Stock 06/01/20						014			М			3,00	)0	A	\$(	) 1	16,000		D			
		T	able II						uired, s, optio							y Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed on Date, /Day/Year)	4. Transac Code (Ir 8)		of Der Sec (A) Dis of (	posed	Expiratio	6. Date Exercisable a Expiration Date (Month/Day/Year)			d 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code		v	(A)	(D)	Date Exercisa	ble	Exp	piration te	Title	Amo or Nun of Sha									
Rsus (restricted Stock Units)	\$0	06/01/2014			М		200		(1)		06/	/01/2019	Commo Stock		200	\$0	0		D			
Rsus (restricted Stock Units)	\$0	06/01/2014			М			3,000	06/01/203	14 <sup>(2)</sup>	06/	/01/2023	Commo Stock		,000	\$0	0		D			

## Explanation of Responses:

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2007 Amended and Restated Non-Employee Director Equity Compensation Plan, with the RSUs generally vesting 20% per year over a five year period, with any unvested RSUs to vest and be delivered upon the Director's termination of service provided the Director has completed one full year of service since the date of the award.

2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2007 Amended and Restated Non-Employee Director Equity Compensation Plan, with the RSUs generally vesting 100% after a one year period.

> Daniel S. Jonas for Mark E. 06/03/2014 Tryniski by Power of Attorney Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.