## FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				<u> </u>								
Name and Address of Reporting Person*     POMILIO LUKE A					2. Issuer Name and Ticker or Trading Symbol CONMED CORP [ CNMD ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
					3. Date	e of I	Earliest	Trans	saction (Me	onth	/Day/Year)			Office	(give title			(specify	
(Last)	(Fire	st) (N	/liddle)		06/01	/20	10						'	X below)			below		
C/O CON	MED COR	P												Vice	Preside	nt & (	Controlle	er	
525 FRENCH ROAD					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															led by On	e Rep	orting Per	son	
UTICA	NY	1	3502-	5994											Form filed by More than One Reporting Person			porting	
(City)	(Sta	ate) (Z	ľip)																
		Table	e I - N	lon-Deriv	ative S	Secu	urities	Acq	quired, l	Disp	osed of	f, or Beı	neficial	ly Owned	i	,			
11 11 11 11 11 11 11 11 11 11 11 11 11		2. Transac Date (Month/Da	y/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispos Code (Instr. and 5)		Dispose	rities Acquired (A ed Of (D) (Instr. 3,		5. Amou Securiti Benefici Owned Followin	es ally	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) o (D)	r Price	Reporte Transac (Instr. 3	d tion(s)	(iiisu	1. 4)	(111501.4)		
Common Stock			06/01/2010				M		800	A	\$0	8,	8,412		D				
Common Stock			06/01/2	2010			F		290	D	\$0	8,122		D					
Common Stock			06/01/2	2010				M		800	A	\$0	8,	8,922		D			
Common Stock		06/01/2	2010			F		290	D	\$0	8,632			D					
			Tab	le II - Deriv							sed of, o			wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu if any	eemed tion Date, h/Day/Year)	4. Transac Code (Ir 8)	5. Number ction of		6. Date Exercisa Expiration Date (Month/Day/Year		sable and 7. Title and te Amount of		of s ng e	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	re es ally eg d	10. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	Benefici Ownersh		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares						
Rsus (restricted Stock Units)	\$0	06/01/2010			М			800	(1)		06/01/2018	Common Stock	800	\$0	2,40	0	D		
Rsus (restricted Stock Units)	\$0	06/01/2010			М			800	(2)		06/01/2019	Common Stock	800	\$0	3,20	0	D		
Rsus (restricted Stock Units)	\$0	06/01/2010			A		4,000		(2)		06/01/2020	Common Stock	4,000	\$0	4,00	0	D		
Sars (Stock	\$10.26	06/01/2010					10,000		(2)		06/01/2020	Common	10,000	60	10.00	20			

## Explanation of Responses:

Appreciation

Rights)

\$19.26

06/01/2010

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.

(3)

- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 1999 Amended and Restated Long-Term Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant
- 3. The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

10,000

<u>Daniel S. Jonas for Luke A.</u> <u>Pomilio by Power of Attorney</u>

10,000

\$<mark>0</mark>

Stock

06/01/2020

10,000

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.