FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person*

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

1. Name and Address of Reporting Person JONAS DANIEL					CONMED CORP [CNMD]								(Check all applicable) Director Director Director Director					
(Last)	(FI	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/01/2016					X	Officer below)	give title		Other (specify below)				
525 FRENCH ROAD				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. In		ividual or Joint/Group Filing (Check Applicable				
(Street)													X	,	ed by On	e Repo	orting Perso	on
UTICA	N	Y :	13502-5	5994										Form fil Person		re than	One Repo	orting
(City)	(S	tate) ((Zip)															
		Tab	le I - No	on-Deriv	ative	Sec	curities	s Acq	uired,	Dis	posed of	, or Ben	eficiall	y Owned				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		Execution Date,		3. Transaction Code (Instr. 8)					5. Amou Securitie Benefici Owned	es ally	6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Following (Instr. 4) (Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Commor	Stock			03/01/2	2016				M		1,025	A	\$0	16,	553		D	
Commor	Stock			03/01/2	2016				F		434	D	\$39.87	7 16,	119		D	
Commor	Stock			03/01/2	2016				G	V	350	D	\$0	15,	769		D	
			Table								osed of, o			vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	med on Date,	4. Transa Code (I 8)	ction	5. Num Deriva Securi Acquir or Dis of (D)	Expiration Date		7. Title an Amount of Securities Underlyin Derivative Security and 4)	nd of s ng	8. Price of derivative Security (Instr. 5) 8. Value of derivative Security Owned Following Report		ve Ownershi fes Form: Direct (D) or Indirect (I) (Instr.		Beneficial Ownershi		
			Date Exercis	sable	Expiration Date	Title	Amount or Number of Title Shares		Transac (Instr. 4)									
Rsus (restricted Stock Units)	\$0	03/01/2016			М			1,025	(1)		02/27/2025	Common Stock	1,025	\$0	3,07	75	D	
Rsus						1			Ì									1

Explanation of Responses:

\$<mark>0</mark>

\$39.87

(restricted

Stock

Units) Options

Purchase

Common Stock

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts (25%) over a four year period.

(2)

(3)

03/01/2026

03/01/2026

- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2015 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts (25%) over a four year period.
- 3. The incentive stock options ("ISOs") were granted under the Company's 2015 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period

1,400

27,100

/s/ Sarah M. Oliker for Daniel S. Jonas by Power of Attorney

1,400

27,100

Stock

Commor

Stock

\$<mark>0</mark>

\$<mark>0</mark>

03/03/2016

1,400

27,100

D

D

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

03/01/2016

03/01/2016

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.	

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints Sarah $\,$ M. Oliker, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC;
- (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder, and any other forms or reports the undersigned may be required to file in connection with the undersigned's ownership, acquisition, or disposition of securities of the Company;
- (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, or other form or report, including executing Form 144s, lock-ups, internal corporate forms for the exercise of SARs or options and the like, and to timely file such form or report with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned 's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this $23 \, \mathrm{rd}$ day of October 2015.