FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] SHALLISH ROBERT D JR					uer Name and Ticke NMED COR	0	•				% Owner ier (specify ow)	
(Last) (First) (Middle) C/O CONMED CORP				te of Earliest Transa 1/2010	action (Month/I	Day/Year)	х					
525 FRENCH ROAD				4. If A	mendment, Date o	f Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)								X	Form filed by One	e Reporting Per	son	
UTICA NY 13502-5994								Form filed by Mor Person	e than One Rej	porting		
(City)	(State)	(Zip)										
	T	able I - N	on-Deriva	tive S	Securities Acq	uired, Disp	osed of, or Benefi	cially (Owned			
1. Title of Securit	y (Instr. 3)		2. Transacti Date (Month/Day		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired Disposed Of (D) (Instr. and 5)	3, 4	5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	

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			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock	06/01/2010		М		800	A	\$ <mark>0</mark>	22,419	D		
Common Stock	06/01/2010		F		290	D	\$ <mark>0</mark>	22,129	D		
Common Stock	06/01/2010		М		800	A	\$ <mark>0</mark>	22,929	D		
Common Stock	06/01/2010		F		290	D	\$ <mark>0</mark>	22,639	D		

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			Table II - Deriv (e.g.,					uired, Disp , options, c				vned			
1. Title of Derivative Security (Instr. 3) 2. 3. Transaction Date (Conversion or Exercise Price of Derivative Security (Instr. 3) Price of Derivative Security			3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr.		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Rsus (restricted Stock Units)	\$0	06/01/2010		М			800	(1)	06/01/2018	Common Stock	800	\$0	2,400	D	
Rsus (restricted Stock Units)	\$ <u>0</u>	06/01/2010		М			800	(2)	06/01/2019	Common Stock	800	\$0	3,200	D	
Rsus (restricted Stock Units)	\$ <u>0</u>	06/01/2010		A		6,000		(2)	06/01/2020	Common Stock	6,000	\$0	6,000	D	
Sars (Stock Appreciation Rights)	\$19.26	06/01/2010		A		14,000		(3)	06/01/2020	Common Stock	14,000	\$0	14,000	D	

Explanation of Responses:

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.

2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 1999 Amended and Restated Long-Term Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.

3. The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

Daniel S. Jonas for Robert D.
Shallish by Power of Attorney06/03/2010

** Signature of Reporting Person Date

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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