FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and A Berge Te	ddress of Reporting	₁ Person [*]	2. Issuer Name and Ticker or Trading Symbol <u>CONMED CORP</u> [CNMD]		ationship of Reporting P (all applicable) Director	erson(s) to Issuer 10% Owner		
(Last) C/O CONMI	(First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/08/2016	x	Officer (give title below) VP Corp. Tre	Other (specify below)		
525 FRENC	H ROAD		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indi Line)	6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street)				X	Form filed by One Re	porting Person		
UTICA	NY	13502			Form filed by More the Person	an One Reporting		
(City)	(State)	(Zip)						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								

1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 5. Amount of 6. Ownership 7. Nature 3 Transaction Execution Date. Securities Form: Direct of Indirect Date if any (Month/Day/Year) Code (Instr. and 5) Beneficially (D) or Beneficial (Month/Day/Year) 8) Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported (A) or Code v Amount Price Transaction(s) (D) (Instr. 3 and 4) 12/08/2016 Μ 18,155 Common Stock \$29.92 D 2,500 A 12/08/2016 F \$45.21 D Common Stock 1,968 D 16,187

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(e.g., p	uts, cai	13,	wai	ianto	, options,	converu	Die Sect	inues)				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Sars (Stock Appreciation Rights)	\$29.92	12/08/2016		М			2,500	(1)	05/17/2017	Common Stock	2,500	\$0	0	D	

Explanation of Responses:

1. The stock appreciation rights ("SARs") were granted under the Company's 2006 Stock Incentive Plan and generally vest in equal amounts over a five year period.

/s/ Sarah M. Oliker for Terence	
M. Berge by Power of	12/09/2016
Attorney	

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.