FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| STATEMENT | OF CHANGES | IN BENEFICIAL | _ OWNERSHIP |
|------------------|-------------------|---------------|-------------|

| OMB APPROVAL | | | | | | | | | |
|---------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | |
| Estimated average b | ourden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | - 5000 | | (, ,, ,,, | | | | | | | | | | | | |
|---|---|--|---|----------------------|--|---|---|-------------------------------------|---|---------------|----------------------|--|--|--|---|---|---|--|---------------------------------------|--|
| Name and Address of Reporting Person* Jonas Daniel S | | | | | 2. Issuer Name and Ticker or Trading Symbol CONMED Corp [CNMD] | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) Director | | | | | | | |
| | NMED CO | • | (Middle | 2) | | 3. Date of Earliest Transaction (Month/Day/Year) 09/15/2021 | | | | | | | | | Officer (give title below) EVP Legal Affair | | Other (sp below) airs,Gen. Counse | | · | |
| TISTI CONCELLI BOOLEVIILD | | | | | _ 4. | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) | | | | | | |
| (Street) LARGO | Fl | FL 33773 | | | | | | | | | | | | | X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (S | tate) | (Zip) | | | | | | | | | | | | . 0.00. | | | | | |
| | | Tab | ole I - | Non-Deri | vativ | e Sec | curit | ies A | cquii | red, [| Disposed (| of, or E | Benefic | ially | Owned | | | | | |
| 1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day | | | | Execution Date, | | Date, | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and | | | 5) | | es ially Following | Form (D) o | n: Direct r Indirect istr. 4) | 7. Nature of Indirect Beneficial Ownership | | | |
| | | | | | | | Code | v | Amount | (A) or (D) | Price | | Reported Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) | | | |
| Common Stock 09/15/20 | | | | | 021 | 1 | | S | | 3,357 | D | \$127.2 | 571(1) | 10 | ,464 | | D | | | |
| Common Stock | | | 09/15/20 | .021 | | | | M | | 11,000 | A | \$59 | .96 | 21 | ,464 | | D | | | |
| Common Stock 09/15 | | | 09/15/20 | 021 | 21 | | | F | | 8,327 | D | \$127 | 127.56 13 | | ,137 | | D | | | |
| Common Stock 09/15/202 | | | 021 | 1 G V 1 | | | 1,000 | D | \$(| \$0 | | 12,137 | | D | | | | | | |
| | | - | Table | | | | | | | | sposed of | | | | wned | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Da if any (Month/Day/ | eemed Ition Date, | 4. Transa | nsaction of de (Instr. See Acci (A) Dis | | umber vative urities uired | 6. Da Expi (Moi | | rcisable and Date | 7. Title of Sec Underl Deriva | 7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4) | | Price of erivative ecurity nstr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | Owr Forr Dire or Ir (I) (II | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | |
| | | | | | Code | le V | (A) | (D) | Date Exe | e rcisable | Expiration e Date | Title | Amo or Num of Shar | ber | | | | | | |
| Options To Purchase Common Stock | \$59.96 | 09/15/2021 | | | M | | | 11,000 | | (2) | 03/01/2028 | Comm Stock | | 000 | \$0 | 11,000 |) | D | | |

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$127.20 to \$127.265. Full information regarding the number of shares sold at each separate price will be provided upon request of the Commission staff, CONMED, or a CONMED security holder.
- 2. The stock options were granted under the Company's 2015 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

Daniel S. Jonas 09/16/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.