FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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hours per response	: 0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Cohen Heather L				CO	2. Issuer Name <b>and</b> Ticker or Trading Symbol CONMED Corp [ CNMD ]									all appl Direct	tionship of Reportir all applicable) Director Officer (give title		10% O Other (s	wner	
(Last) (First) (Middle)  C/O CONMED CORPORATION  11311 CONCEPT BOULEVARD					03/3	3. Date of Earliest Transaction (Month/Day/Year) 03/31/2022										EVP CORP HR			
(Street) LARGO (City)	FL (Sta		33773 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								3. Indiv _ine) X	vidual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/						Execution Date,		3. Transaction Code (Instr. 8)  4. Securities Acquirer Disposed Of (D) (Instr. 5)					5. Amount of Securities Beneficially Owned Following Reported				7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) o (D)	Price	,	Transa	ransaction(s) nstr. 3 and 4)			(11150.4)						
Common Stock 03/31/20					:022		A	V	168	A	\$14	1.12	24,624			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Nur of Deriva Secur Acqui (A) or Dispo of (D) (Instr. and 5	ative rities ired osed	Expiration D		ate	7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4)		Der Sec (Ins	Price of ivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						

**Explanation of Responses:** 

Daniel S. Jonas for Heather L. Cohen by Power of Attorney

04/04/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.