FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGE	S IN BENEFIC	CIAL OWNERSHIP

	OMB APPRO	VAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Council LaVerne H (Last) (First) (Middle)					3. E	2. Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD] 3. Date of Earliest Transaction (Month/Day/Year) 12/02/2019								Relationship of Reportin (Check all applicable) X Director Officer (give title below)			on(s) to Issu 10% Ow Other (s below)	ner
C/O CONMED CORPORATION 525 FRENCH ROAD (Street) UTICA NY 13502				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St		(Zip)	ı-Deriv	ative	- Se	curiti	es A	cauired.	Dis	posed o	of, or Be	neficia	lv Owned				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					action	ction 2A. Deemed Execution Date,			Code (Instr. 5)		d (A) or	5. Amour Securitie Beneficia Owned F	nt of s ally following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
		٦	able II - I (quired, D s, option					/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		n of		6. Date Exercisab Expiration Date (Month/Day/Year)			and 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indirect (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares					
Rsus (restricted Stock Units)	\$0	12/02/2019			A		599		12/02/2020	(1) 1	2/02/2029	Common Stock	599	\$0	599		D	
Options To Purchase Common Stock	\$112.55	12/02/2019			A		987		12/02/2020	(2) 1	2/02/2029	Common Stock	987	\$0	987		D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of CONMED Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2016 Amended and Restated Non-Employee Director Equity Compensation Plan, with the RSUs generally vesting on December 2, 2020 subject to the director's completion of the term of service through the next annual shareholder meeting.
- 2. The incentive stock options ("Options") were granted under the Company's 2016 Amended and Restated Non-Employee Director Equity Compensation Plan with the Options generally vesting on December 2, 2020 subject to the director's completion of the term of service through the next annual shareholder meeting

/s/ Sarah M. Oliker for LaVerne

12/03/2019 H. Council by Power of

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.