| SEC For  |   |  |  | _             | _   | _          |        | _   |            |               |   | _   |  |  |           |  |  |  |
|--|---|--|--|---------------|---|------------|--------|---|------------|---------------|---|---|--|--|-----------|--|--|--|
|  | FORM  | 4  | UNITED STATES SECURITIES AND EXCHANGE COMMISSION<br>Washington, D.C. 20549 |               |   |            |        |   |            |               |   |   |  |  |           | OMB APPROVAL   |  |  |
| Check this box if no longer subject to<br>Section 16. Form 4 or Form 5<br>obligations may continue. See<br>Instruction 1(b). |   |  |  |               |   | to Section | n 16(a | <b>ES IN B</b><br>a) of the Sec<br>Investment                 | curities E | Exchan        | _   | SHIP OMB Number: 3235-0287<br>Estimated average burden<br>hours per response: 0.5 |  |  |           |  |  |  |
| 1. Name and Address of Reporting Person <sup>*</sup><br>Berge Terence M  |   |  |  |               | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br><u>CONMED Corp</u> [ CNMD ] |            |        |   |            |               |   |   | eck all applie<br>Directo                                | cable)<br>or   | 10% Owner |  |  |  |
|  | O CONMED CORPORATION  |  |  |               | 3. Date of Earliest Transaction (Month/Day/Year)<br>03/01/2022                    |            |        |   |            |               |   |   |  |  |           | below)   | becity   |  |
|  |   |  | 33773<br>(Zip)   |               | Line)<br>X Form file  |            |        |   |            |               |   |   |  | oint/Group Filing (Check Applicable<br>led by One Reporting Person<br>led by More than One Reporting                       |           |  |  |  |
|  |   | -  | le I - Non-  | Derivat       | ive Se  | curitie    | s Ac   | quired, D   | Dispos     | sed o         | f, or Be  | neficial  | ly Owned   |  |           |  |  |  |
| 1. Title of Security (Instr. 3)<br>2. Transau<br>Date<br>(Month/Date)  |   |  |  |               | Execution Date  |            |        | , Transaction Disposed<br>Code (Instr. 5)                     |            |               | ties Acquired (A) or<br>I Of (D) (Instr. 3, 4 and                                       |   | 5. Amou<br>Securitie<br>Beneficia<br>Owned F<br>Reported | s Form<br>Ily (D) o<br>ollowing (I) (In  |           | n: Direct of<br>or Indirect E<br>nstr. 4) (                              | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership                |  |
|  |   |  |  |               |   |            | Code   | V An  | nount      | (A) or<br>(D) | Price   | Transact  | Transaction(s)<br>(Instr. 3 and 4)                       |  | <b>–</b>  | (Instr. 4)   |  |  |
|  |   | -  | Fable II - D<br>(e   |               |   |            |        | uired, Di   |            |               |   |   | Owned  |  |           |  |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Da<br>if any<br>(Month/Day/Y                       | ate, 4.<br>Co | nsaction<br>le (Instr.  | 5. Number  |        | 6. Date Exercisable an<br>Expiration Date<br>(Month/Day/Year) |            |               | 7. Title and Amo<br>of Securities<br>Underlying<br>Derivative Secur<br>(Instr. 3 and 4) |   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)      | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) |           | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |   |  |  | Co            | le V  | (A)        | (D)    | Date<br>Exercisable   | e Date     | ation         | Title   | Amount<br>or<br>Number<br>of<br>Shares  |  |  |           |  |  |  |
| Options<br>To<br>Purchase<br>Common<br>Stock   | \$144.55  | 03/01/2022                                 |  | A             |   | 10,000     |        | (1)   | 03/01      | /2032         | Common<br>Stock   | 10,000  | \$0  | 10,000   | D         | D  |  |  |

Explanation of Responses:

1. The stock options were granted under the Company's 2018 Long-Term Incentive Plan and generally vest in equal amounts over a five year period

/s/ Sarah M. Oliker for Terence 03/03/2022

M. Berge by Power of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.