FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	haa man aaaaaa.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Berge Te	2. Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD]										k all applic Directo	tionship of Reporting all applicable) Director Officer (give title		g Person(s) to Issuer 10% Owner Other (specif						
(Last) (First) (Middle) C/O CONMED CORPORATION 525 FRENCH ROAD						3. Date of Earliest Transaction (Month/Day/Year) 11/16/2020									below)	.0	below)		,,,,,,	
(Street) UTICA	4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person									
(City)	(Sta		Zip)																	
		Tabl	le I - N	on-Deriv	ative	Secu	ıritie	es Ac	quire	d, Di	sposed o	f, or Be	nefici	ally	Owned					
Date					2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)			ection Instr.		Acquired (A) or (D) (Instr. 3, 4 and 5		5)		es ally Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common S	11/16/2	2020						3,600	A	\$51	.3	23,	3,635		D					
Common Stock 11/16									F		2,723	D	\$98.	598.21 20,		912		D		
Common Stock 11/16/2						2020			M		6,400	A	\$39.	39.87 27,3		,312		D		
Common S	.020				S		6,400	D	\$96.2	96.289 ⁽¹⁾ 20,91		912		D						
Common S	mon Stock 11/16/202)20			S		5,000	D \$9		35	5 15,912			D		
		Т	able II								posed of, convertib				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	· • • •	4. Transa Code (8)	ction	5. Number		6. Date Exer Expiration D (Month/Day/		cisable and ate	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		[3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amou or Numb of Share	er						
Sars (Stock Appreciation Rights)	\$51.3	11/16/2020			M			3,600	(2	2)	02/27/2025	Common Stock	3,60	0	\$0	0		D		
Options To Purchase												Common						_		

Explanation of Responses:

Common

Stock

\$39.87

1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$96.24 to \$96.31. Full information regarding the number of shares sold at each separate price will be provided upon request of the Commission staff, CONMED, or a CONMED security holder.

(3)

03/01/2026

- 2. The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts (20%) over a five year period.
- 3. The stock options were granted under the Company's 2015 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period

/s/ Sarah M. Oliker for Terence 11/17/2020 M. Berge by Power of Attorney

6,400

Stock

\$0

12,900

D

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

11/16/2020

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.