FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Metcalf Jane E					CO	2. Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 7110 KITTIWAKE RUN							3. Date of Earliest Transaction (Month/Day/Year) 05/16/2008								X Officer (give title Other (specify below) VP CORPORATE REG. AFFAIRS					
(Street) MANLI	US N	Y	13104		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting							
(City)	(St	tate) (Zip)												Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date				2. Transa Date (Month/D		Execution Date,			Code (I	Transaction Dispose Code (Instr. and 5)		ties Acqui I Of (D) (Ir		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount				Amount (A) o		Reporte Transac	Reported Transaction(s) (Instr. 3 and 4)		- 4)	(111341. 4)					
Common Stock					2008				M		548	A	\$0	1,0	1,086		D			
Common Stock 05/					2008				F		252	D	\$0	1,0	1,086		D			
Common Stock 05/17/					2008				M		548	A	\$0	1,6	1,634		D			
Common Stock 05/17/2				.008			F		252	D	\$0	1,6	1,634		D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Derivative Conversion Date Exe Security or Exercise (Month/Day/Year) if a			if any	on Date,		Transaction Code (Instr.		on Number E		6. Date Exercisab Expiration Date (Month/Day/Year)		Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership		
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares							
RSUs (Restricted Stock Units) ⁽¹⁾	(1)	05/16/2008			M			800	05/16/2008(1) 05	5/16/2016 ⁽¹⁾	Common Stock	800	\$0 ⁽²⁾	6,40	0	D			
RSUs (Restricted Stock Units) ⁽¹⁾	(1)	05/17/2008			M			800	05/17/2008	05	5/17/2017 ⁽¹⁾	Common Stock	800	\$0 ⁽²⁾	5,60	0	D			

Explanation of Responses:

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSUs vesting one year after the grant date.

/s/ Andrew W. Beakman for Jane E. Metcalf by Power of **Attorney**

05/20/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} The RSUs and SARs were granted at no cost to the Reporting Person.

Know all by these presents that, the undersigned hereby constitutes and appoints each of Daniel S. Jonas, Heather L. Cohen, Andrew W. Beakman and Robert D. Shallish, Jr., signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer of ConMed Corp., (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) Do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4 or 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 18th day of February, 2008.

/s/ Jane E. Metcalf Jane E. Metcalf