FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* JONAS DANIEL						2. Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD]										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
I						3. Date of Earliest Transaction (Month/Day/Year) $05/16/2006$										Officer (give title below) VP/Legal Affairs/C			Other (specify below) Gen. Counsel	
(Street) SYRACUSE (City)	NY (State		3203 Zip)		4.	If Amendment, Date of Original Filed (Month/Day/Year)									6. Indiv Line) X	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day						Execution Date,			,	Transaction Dispos				Acquired D) (Insti		5. Amount Securities Beneficially Owned Following	Forn (D) o		: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										Code	v	Amount (A) or			Price	Reported Transaction(s) (Instr. 3 and 4)		(iiisii	. 4)	(111501. 4)
Common Stock																2,036			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date ((Month/Day/Year) (Month/Day/Year) ((Month/Day				n Date, if	Date, if Transacti					6. Date Exercisable and Expiration Date (Month/Day/Year)				le and An rities Und rative Sec 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v			Date Exer	e rcisable	Expiration Date		Nu		Amount of Number of Shares		(Instr. 4			
RSUs (Restricted Stock Units) ⁽¹⁾	(1)	05/16/2006			A		4,000		05/1	16/2007 ⁽¹⁾	05/	/16/2016 ⁽¹⁾		mmon Stock	4,000	\$0	4,0	00	D	
SAR's (Stock Appreciation Rights) ⁽²⁾	\$19.93 ⁽²⁾	05/16/2006			A		10,000		05/1	16/2007 ⁽²⁾	05/	/16/2016 ⁽²⁾		ommon Stock	10,000	\$0 ⁽³⁾	10,0	000	D	

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.
- 2. The stock appreciation rights ("SARs") were granted under the Issuer's 2006 Stock Incentive Plan and generally vest in equal amounts over a five year period.
- 3. The SARs were granted at no cost to the Reporting Person.

<u>/s/ Daniel Jonas</u> <u>05/18/2006</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.