

---

---

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**

**WASHINGTON, D.C. 20549**

**Form 11-K**

**Annual Report Pursuant To Section 15(d) Of  
The Securities Exchange Act of 1934  
For the fiscal year ended December 31, 2025**

**OR**

**Transition Report Pursuant To Section 15(d) Of  
The Securities Exchange Act of 1934  
For the transition period from \_\_\_\_\_ to \_\_\_\_\_**

**Commission File Number 001-39218**

**(A) Full title of the plan and the address  
of the plan, if different from that of  
the issuer named below:**

**CONMED CORPORATION  
Retirement Savings Plan**

**(B) Name of issuer of the securities held  
pursuant to the plan and the address  
of its principal executive office:**

**CONMED CORPORATION  
11311 Concept Blvd  
Largo, Florida 33773**

---

---

**CONMED Corporation  
Retirement Savings Plan  
Index to Financial Statements  
December 31, 2025 and 2024**

|   | <b>Page</b>               |
|---|---------------------------|
| <a href="#"><u>Report of Independent Registered Public Accounting Firm</u></a>  | <a href="#"><u>1</u></a>  |
| <b>Financial Statements:</b>  |                           |
| <a href="#"><u>Statements of Net Assets Available for Benefits as of December 31, 2025 and 2024</u></a>               | <a href="#"><u>2</u></a>  |
| <a href="#"><u>Statement of Changes in Net Assets Available for Benefits for the Year Ended December 31, 2025</u></a> | <a href="#"><u>3</u></a>  |
| <a href="#"><u>Notes to Financial Statements</u></a>  | <a href="#"><u>4</u></a>  |
| <b>Supplemental Schedule: *</b>   |                           |
| <a href="#"><u>Schedule H, line 4i - Schedule of Assets (Held at End of Year) as of December 31, 2025</u></a>         | <a href="#"><u>9</u></a>  |
| <a href="#"><u>Signatures</u></a>   | <a href="#"><u>10</u></a> |

\* All other schedules required by 29 CFR 2520.103-10 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA have been omitted because they are not applicable.

---

**REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM**

To the Participants and Administrator of  
CONMED Corporation Retirement Savings Plan

**Opinion on the Financial Statements**

We have audited the accompanying statements of net assets available for benefits of CONMED Corporation Retirement Savings Plan (the Plan) as of December 31, 2025 and 2024, the related statement of changes in net assets available for benefits for the year ended December 31, 2025, and the related notes to the financial statements (collectively, the financial statements). In our opinion, the financial statements present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2025 and 2024, and the changes in net assets available for benefits for the year ended December 31, 2025, in conformity with accounting principles generally accepted in the United States of America.

**Basis for Opinion**

These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on the Plan's financial statements based on our audits. We are a public accounting firm registered with the Public Company Accounting Oversight Board (United States) (PCAOB) and are required to be independent with respect to the Plan in accordance with U.S. federal securities laws and the applicable rules and regulations of the Securities and Exchange Commission and the PCAOB.

We conducted our audits in accordance with the standards of the PCAOB. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement, whether due to error or fraud. Our audits included performing procedures to assess the risks of material misstatement of the financial statements, whether due to error or fraud, and performing procedures that respond to those risks. Such procedures included examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements. Our audits also included evaluating the accounting principles used and significant estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that our audits provide a reasonable basis for our opinion.

**Supplemental Information**

The supplemental information in the accompanying schedule of assets (held at end of year) as of December 31, 2025 has been subjected to audit procedures performed in conjunction with the audit of the Plan's financial statements. The supplemental information is presented for the purpose of additional analysis and is not a required part of the financial statements but includes supplemental information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. The supplemental information is the responsibility of the Plan's management. Our audit procedures included determining whether the supplemental information reconciles to the financial statements or the underlying accounting and other records, as applicable, and performing procedures to test the completeness and accuracy of the information presented in the supplemental information. In forming our opinion on the supplemental information in the accompanying schedule, we evaluated whether the supplemental information, including its form and content, is presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. In our opinion, the supplemental information in the accompanying schedule is fairly stated in all material respects in relation to the financial statements as a whole.

/s/ Inero & Co. CPAs, LLP  
Certified Public Accountants

We have served as the Plan's auditor since 2004.

Rochester, New York  
June 16, 2026

**CONMED Corporation  
Retirement Savings Plan**

**Statements of Net Assets Available for Benefits  
December 31, 2025 and 2024**

---

|  | <b>2025</b>           | <b>2024</b>           |
|--|-----------------------|-----------------------|
| <b>Assets</b>                            |                       |                       |
| Investments, at Fair Value               | \$ 379,879,535        | \$ 336,728,803        |
| Notes Receivable from Participants       | <u>4,820,514</u>      | <u>5,049,944</u>      |
| <b>Net Assets Available for Benefits</b> | <u>\$ 384,700,049</u> | <u>\$ 341,778,747</u> |

The accompanying notes are an integral part of the financial statements.

**CONMED Corporation**  
**Retirement Savings Plan**

**Statement of Changes in Net Assets Available for Benefits**  
**Year Ended December 31, 2025**

---

Additions to net assets attributed to:

|  |    |                   |
|--|----|-------------------|
| Net appreciation in fair value of investments  | \$ | 44,223,857        |
| Interest and dividends                         |    | 13,529,600        |
| Interest on notes receivable from participants |    | 393,655           |
| Contributions:                                 |    |                   |
| Participants                                   |    | 17,976,901        |
| Employer                                       |    | 7,275,075         |
| Total additions                                |    | <u>83,399,088</u> |

Deductions from net assets attributed to:

|                               |  |                   |
|-------------------------------|--|-------------------|
| Administrative expenses       |  | 740,092           |
| Distributions to participants |  | 39,737,694        |
| Total deductions              |  | <u>40,477,786</u> |
| Net increase                  |  | 42,921,302        |

|   |           |                                  |
|---|-----------|----------------------------------|
| Net assets available for benefits at beginning of year  |           | <u>341,778,747</u>               |
| <b>Net assets available for benefits at end of year</b> | <b>\$</b> | <b><u><u>384,700,049</u></u></b> |

The accompanying notes are an integral part of the financial statements.

# CONMED Corporation Retirement Savings Plan

Notes to Financial Statements  
December 31, 2025 and 2024

---

## **Note 1 - Establishment and Description of Plan**

Effective January 1992, CONMED Corporation (the "Company") established the CONMED Corporation Retirement Savings Plan (the "Plan"). The Plan is a defined contribution plan covering all employees of the Company and its subsidiaries who meet the service requirements set forth in the Plan document. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 ("ERISA"). The following brief description of the Plan is provided for general information purposes only. Participants should refer to the Plan agreement for more complete information.

### **Administration of the Plan**

The Company serves as Plan Administrator with full power, authority and responsibility to control and manage the operation and administration of the Plan.

### **Contributions**

A participant can contribute 1 to 50 percent of his or her annual compensation, as defined, up to the maximum annual limitations as provided by the Internal Revenue Code ("IRC"). Participants who have attained age 50 before the end of the Plan year are eligible to make catch-up contributions. Participants may also contribute amounts representing distributions from other qualified plans. The Plan includes an auto-enrollment provision whereby all newly eligible employees, defined as having completed 90 days of employment, are automatically enrolled in the Plan unless they affirmatively elect not to participate in the Plan. Automatically enrolled participants have their deferral rate set at 3% of eligible compensation and their contribution invested in a designated balanced fund until changed by the participant. The pre-tax contribution of an employee who is contributing less than 7% of the employee's annual compensation, as defined in the plan document, automatically increases annually in 1% increments until the employee's pre-tax contribution election reaches 7% of annual compensation, provided the employee has not elected to opt-out of the automatic increase feature. Employees with an initial enrollment date between July 2<sup>nd</sup> and December 31<sup>st</sup> in a given plan year that have not elected to opt-out of this election will not be subject to this annual increase until the following plan year.

The Company matches 100% of each participant's contribution up to a maximum of 7% of participant compensation. The annual fixed Company match was capped at \$7,000. Effective January 1, 2026, the Plan was amended to cap the annual fixed Company match at \$10,000. The Company, in its sole discretion, may elect to make a discretionary matching contribution to the Plan. Forfeitures of terminated participants' non-vested accounts are used to reduce employer contributions or to pay Plan expenses. Forfeitures reduced employer contributions by \$1,792,124 in 2025. At December 31, 2025 and 2024, forfeited non-vested accounts totaled \$312,001 and \$141,228, respectively.

### **Participant Accounts**

A participant can allocate their account among various investment funds. Each participant's account is credited with the participant's contribution, the Company's contribution, and an allocation of the earnings and losses for the participant's particular investment funds and charged with withdrawals and an allocation of administrative expenses. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account.

### **Vesting**

Each participant is immediately vested in his or her voluntary contributions plus earnings thereon. A participant vests at 20% per year of service and becomes fully vested in the remainder of his or her account upon the completion of five years of service.

## **Investment Options**

Participants are allowed to invest in a variety of investment choices as more fully described in the Plan literature. In addition, participants have access to a self-directed brokerage account. Through this account, a participant has access to investments including common stock, mutual funds, preferred stock, corporate bonds and money market funds. Participants may change their investment options on a daily basis.

## **Notes Receivable from Participants**

A participant may obtain a loan between \$500 and \$50,000, limited to 50 percent of his or her vested account balance. A participant is eligible to have up to two general loans at one time and one home loan outstanding for a combined total of three loans outstanding at any one time. Each loan bears interest at prime plus 1 percent and is secured by the balance in the participant's account. Repayment is required over a period not to exceed five years or up to fifteen years where the loan is for the purchase of a primary residence. Loan repayments are allocated among the investment options consistent with the participant's contribution investment election.

## **Payment of Benefits**

Participants or their beneficiaries are eligible to receive benefits under the Plan upon normal retirement, death, total and permanent disability or termination for any reason including those previously mentioned. The Plan also provides for withdrawals by participants prior to termination. Benefits are payable in accordance with the Plan agreement.

## **Plan Termination**

While the Company anticipates and believes that the Plan will continue, it reserves the right to discontinue the Plan subject to the provisions of ERISA. In the event of Plan termination, participants will become 100 percent vested in their accounts.

## **Note 2 - Significant Accounting Policies**

### **Basis of Accounting**

The accounts of the Plan are maintained on the accrual basis of accounting in accordance with accounting principles generally accepted in the United States of America.

### **Notes Receivable from Participants**

Notes receivable from participants are measured at their unpaid principal balance plus any accrued but unpaid interest. Delinquent notes receivable from participants are reclassified as distributions based upon the terms of the Plan document.

### **Investment Valuation and Income Recognition**

Investments are reported at fair value. Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date.

The Financial Accounting Standards Board ("FASB") guidance defines fair value and establishes a framework for measuring fair value and related disclosure requirements. The FASB defines fair value as the exchange price that would be received for an asset or paid to transfer a liability (an exit price) in the principal or most advantageous market for the asset or liability in an orderly transaction. The framework requires an entity to maximize the use of observable inputs when measuring fair value. The framework provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1 measurements) and the lowest priority to unobservable inputs (Level 3 measurements). The three levels of the fair value hierarchy are described below:

Level 1 - Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.

Level 2 - Inputs to the valuation methodology include:

- Quoted prices for similar assets or liabilities in active markets;
- Quoted prices for identical or similar assets or liabilities in inactive markets;
- Inputs other than quoted prices that are observable for the asset or liability;
- Inputs that are derived principally from, or corroborated by, observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the level 2 input must be observable for substantially the full term of the asset or liability.

Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

Following is a description of the valuation methodologies used for investments measured at fair value. There have been no changes in the methodologies used at December 31, 2025 and 2024.

#### *Mutual Funds*

These investments are public investment vehicles valued using the Net Asset Value ("NAV") provided by the administrator of the fund. The NAV is based on the value of the underlying assets owned by the fund, minus its liabilities, and then divided by the number of shares outstanding. The NAV is a quoted price in an active market and classified within level 1 of the valuation hierarchy.

#### *Self-directed Brokerage Account*

The self-directed brokerage account consists primarily of common stock, mutual funds, preferred stock, corporate bonds and money market funds. Common stock, preferred stock and corporate bonds are valued at the closing price reported on the investments' respective stock exchange or active market. Mutual funds and money market funds are valued using NAV. All investments are classified within level 1 of the valuation hierarchy.

#### *Common Stock*

Common stock is valued at the closing price reported on the common stock's respective stock exchange and is classified within level 1 of the valuation hierarchy.

#### *Money Market Funds*

These investments are public investment vehicles valued using NAV. The money market funds are classified within level 1 of the valuation hierarchy.

#### *Collective Investment Trusts*

Collective investment trusts ("CITs") are valued at fair value when the trust's NAV is published on a public stock market and classified within Level 2 of the valuation hierarchy. When the NAV is not published, the CIT's unpublished NAV is used as a practical expedient to estimate fair value and is obtained from information provided by the investment advisor using the audited financial statements of the collective investment trusts at year end. Under the practical expedient, the investment is not classified in the valuation hierarchy.

The methods described above may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, while the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth, by level within the fair value hierarchy, the Plan's investments, at fair value:

|   | <b>Investments, at Fair Value as of<br/>December 31, 2025</b> |                |                       |
|---|---|----------------|-----------------------|
|   | <b>Level 1</b>  | <b>Level 2</b> | <b>Total</b>          |
| Mutual Funds  | \$ 298,713,143  | \$ —           | \$ 298,713,143        |
| Self-directed Brokerage Account                                     | 16,174,892  | —              | 16,174,892            |
| Common Stock  | 2,491,300   | —              | 2,491,300             |
| Money Market Funds  | 7,644,077   | —              | 7,644,077             |
| Collective Investment Trusts  | —   | 36,842,007     | 36,842,007            |
| Investments measured at fair value                                  | 325,023,412   | 36,842,007     | 361,865,419           |
| Investments measured at NAV as a practical expedient <sup>(a)</sup> |   |                | 18,014,116            |
| Total investments, at fair value                                    |   |                | <u>\$ 379,879,535</u> |

|   | <b>Investments, at Fair Value as of<br/>December 31, 2024</b> |                |                       |
|---|---|----------------|-----------------------|
|   | <b>Level 1</b>  | <b>Level 2</b> | <b>Total</b>          |
| Mutual Funds  | \$ 303,974,251  | \$ —           | \$ 303,974,251        |
| Self-directed Brokerage Account                                     | 12,329,390  | —              | 12,329,390            |
| Common Stock  | 4,886,191   | —              | 4,886,191             |
| Money Market Funds  | 7,894,825   | —              | 7,894,825             |
| Collective Investment Trusts  | —   | —              | —                     |
| Investments measured at fair value                                  | 329,084,657   | —              | 329,084,657           |
| Investments measured at NAV as a practical expedient <sup>(a)</sup> |   |                | 7,644,146             |
| Total investments, at fair value                                    |   |                | <u>\$ 336,728,803</u> |

(a) In accordance with Subtopic 820-10, certain investments that are measured at fair value using the net asset value per share (or its equivalent) practical expedient have not been classified in the fair value hierarchy. The fair value amounts presented in this table are intended to permit reconciliation of the fair value hierarchy to the amounts presented in the Statements of Net Assets Available for Benefits.

Purchases and sales of securities are recorded on a trade-date basis. Dividends are recorded on the ex-dividend date. Interest is recorded on the accrual basis. Net appreciation includes the Plan's gains and losses on investments bought and sold as well as held during the year.

### Contributions

Participant contributions and matching employer contributions are recorded in the period during which the Company makes payroll deductions from the participants' earnings.

### Administrative Expenses

The Plan's administrative expenses are paid by either the Plan or the Plan's Sponsor as defined in the Plan document.

### Payment of Benefits

Benefit payments to participants are recorded upon distribution.

### Use of Estimates

The preparation of the Plan's financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets,

liabilities, and changes therein, and disclosures of contingent assets and liabilities. The Company is not aware of any specific events or circumstance that would require disclosure or an update to estimates or judgments or a revision of the carrying value of the Plan's assets or liabilities through June 16, 2026. Due to the inherent uncertainty involved in making estimates, actual results reported in future periods may differ from those estimates.

### **Risks and Uncertainties**

The Plan invests in various investment securities. Investment securities are exposed to various risks, such as interest rate, market, and credit risks. Market risks include global events which could impact the value of investment securities, such as inflation, a pandemic or international conflict. Due to the level of risk associated with these investments, it is at least reasonably possible that changes in their values will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the Statements of Net Assets Available for Benefits.

### **Note 3 - Income Tax Status**

The trust established under the Plan to hold the Plan's assets is qualified pursuant to the appropriate section of the IRC, and, accordingly, the trust's net investment income is exempt from income taxes. The Plan has obtained a favorable tax determination letter, dated August 2, 2017, from the Internal Revenue Service ("IRS"). The Plan Administrator and the Plan's tax counsel believe that the Plan, as amended, is designed, and is currently being operated, in compliance with the applicable requirements of the IRC.

Accounting principles generally accepted in the United States of America require plan management to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. The Plan Administrator has analyzed the tax positions taken by the Plan and has concluded that as of December 31, 2025, there are no uncertain positions taken, or expected to be taken, that would require recognition of a liability (or asset) or disclosure in the financial statements. The Plan is subject to routine audits by taxing jurisdictions; however, there are currently no audits for any tax periods in progress.

### **Note 4 - Transactions with Parties-in-Interest**

As of December 31, 2025 and 2024, the Plan held certain securities issued by the Company as follows:

|                    | <b>December 31, 2025</b> |                   | <b>December 31, 2024</b> |                   |
|--------------------|--------------------------|-------------------|--------------------------|-------------------|
|                    | <b>Number of Shares</b>  | <b>Fair Value</b> | <b>Number of Shares</b>  | <b>Fair Value</b> |
| CONMED Corporation |                          |                   |                          |                   |
| Common Stock       | 61,362                   | \$ 2,491,300      | 71,394                   | \$ 4,886,191      |

In addition, certain assets of the Plan are invested in funds managed by Fidelity Management Trust Company ("Fidelity"). Fidelity is the trustee of the Plan and, therefore, is considered to be a party-in-interest. Notes receivable from participants also qualify as party-in-interest transactions.

**CONMED Corporation  
Retirement Savings Plan**

Schedule H, line 4i - Schedule of Assets (Held at End of Year)

December 31, 2025

EIN: 16-0977505

Plan Number: 005

| Identity of Issue/Description of Investment   | Current Value         |
|---|-----------------------|
| Fidelity 500 Index Fund**   | \$ 60,265,499         |
| Fidelity Freedom 2045 Fund - Class K6**   | 27,401,429            |
| Fidelity Freedom 2040 Fund - Class K6**   | 26,565,892            |
| Fidelity Contrafund - Class K**   | 26,487,069            |
| Fidelity Freedom 2035 Fund - Class K6**   | 25,668,275            |
| Fidelity Freedom 2050 Fund - Class K6**   | 22,534,823            |
| Fidelity Freedom 2030 Fund - Class K6**   | 19,522,532            |
| Fidelity Freedom 2055 Fund - Class K6**   | 17,398,038            |
| Janus Henderson Enterprise Collective Fund Class III  | 16,589,884            |
| Participant - Directed Brokerage Link Account   | 16,174,892            |
| Fidelity Freedom 2025 Fund - Class K6**   | 14,765,811            |
| Fidelity Freedom 2060 Fund - Class K6**   | 13,151,058            |
| John Hancock Disciplined Value Mid Cap Trust Class B5   | 10,588,966            |
| Putnam Large Cap Value Trust IA   | 10,562,568            |
| Fidelity Government Money Market Fund - Class K6**  | 7,642,655             |
| Fidelity Diversified International Fund - Class K**   | 7,540,974             |
| John Hancock Core Plus Fixed Income Trust Class I2  | 7,105,286             |
| Fidelity Global ex U.S. Index Fund**  | 6,829,533             |
| Fidelity Managed Income Portfolio - Class 1**   | 6,745,058             |
| Fidelity Freedom 2020 Fund - Class K6**   | 5,486,841             |
| Fidelity U.S. Bond Index Fund**   | 5,405,252             |
| Fidelity Extended Market Index Fund**   | 5,093,126             |
| Fidelity Freedom 2065 Fund - Class K6**   | 4,154,509             |
| Fidelity Emerging Markets Fund - Class K**  | 3,481,110             |
| Franklin Small Cap Value GG Trust CIT Class R   | 2,557,871             |
| CONMED Corporation Common Stock **  | 2,491,300             |
| JP Morgan U.S. Small Company Fund Class R6  | 2,483,790             |
| PIMCO Income Fund Institutional Class   | 1,762,825             |
| Fidelity Freedom Retirement Fund - Class K6**   | 948,184               |
| Fidelity Freedom 2015 Fund - Class K6**   | 946,390               |
| Putnam Stable Value Fund  | 706,490               |
| Fidelity Freedom 2010 Fund - Class K6**   | 579,645               |
| Fidelity Freedom 2070 Fund - Class K6**   | 160,486               |
| Invesco Discovery Fund Class R6   | 80,052                |
| Interest Bearing Cash Accounts  | 1,422                 |
| Notes receivable from participants, interest rates from 4.25% to 9.50% and maturities from 2026 to 2040** | 4,820,514             |
|   | <u>\$ 384,700,049</u> |

\*\* Denotes party-in-interest

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Plan Administrator has duly caused this Annual Report to be signed by the undersigned hereunto duly authorized.

CONMED CORPORATION  
Retirement Savings Plan

By: /s/ Patrick J. Beyer  
Name: Patrick J. Beyer  
Title: President, Chief Executive Officer  
Interim Principal Financial Officer

Date: June 16, 2026