

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>Berge Terence M</u>  (Last) (First) (Middle) <u>C/O CONMED CORPORATION</u> <u>525 FRENCH ROAD</u>  (Street) <u>UTICA NY 13502</u>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>CONMED CORP [ CNMD ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>VP-Corporate Controller</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>08/06/2019</u>	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	08/06/2019		M		10,000	A	\$32.93	29,908	D	
Common Stock	08/06/2019		F		6,706	D	\$92.94	23,202	D	
Common Stock	08/06/2019		M		6,500	A	\$44.9	29,702	D	
Common Stock	08/06/2019		F		4,786	D	\$92.94	24,916	D	
Common Stock	08/06/2019		M		14,400	A	\$51.3	39,316	D	
Common Stock	08/06/2019		F		11,108	D	\$92.94	28,208	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Sars (Stock Appreciation Rights)	\$32.93	08/06/2019		M			10,000	(1)	06/01/2023	Common Stock	10,000	\$0	0	D	
Sars (Stock Appreciation Rights)	\$44.9	08/06/2019		M			6,500	(1)	06/01/2024	Common Stock	6,500	\$0	0	D	
Sars (Stock Appreciation Rights)	\$51.3	08/06/2019		M			14,400	(2)	02/27/2025	Common Stock	14,400	\$0	3,600	D	

**Explanation of Responses:**

- The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.
- The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts (20%) over a five year period.

/s/ Daniel S. Jonas for Terence M. Berge by Power of Attorney 08/07/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.