SEC For	m 4																		
	FORM	4	UNITED	O STA	TES	S S	ECU			AND 1, D.C.			NGE C	OMMI	SSION		OMB	APPRO	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					ENT OF CHANGES IN BENEFICIAL OWNE iled pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940														3235-0287 1
1. Name and Address of Reporting Person* Workman John L					2.1	2. Issuer Name and Ticker or Trading Symbol <u>CONMED Corp</u> [CNMD]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
	C/O CONMED CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 06/01/2021										Officer (give title Other (specify below) below)				
11311 CONCEPT BOULEVARD (Street) LARGO FL 33773					4.1	Line) X									e) <mark>X</mark> Form f	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting			
(City)						Pers													
		Tat	ole I - Noi	n-Deriv	vativ	e Se	ecurit	ies A	cquir	red, I	Dis	oosed o	f, or Bei	neficial	ly Owned				
Date						action 2A. Deemed Execution D if any (Month/Day/			e, T C	Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		tr. 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Form: Direct I (D) or Indirect I (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock 06/0				00/0	1/202	2021				v	(D)		Price	(Instr. 3					
Common	Stock	•	Table II -	06/0			uritie	s Aco		M ed. Di	spa	1,521				,905		D	
													ole secu						
1. Title of Derivative Security (Instr. 3)	ve Conversion Date or Exercise (Month/Day/Yea		Execution Date, T if any C		4. Transaction Code (Instr. B)		of Deri Secu Acqu (A) o Disp of (D	osed)) r. 3, 4	6. Date Exercisat Expiration Date (Month/Day/Year)			Amount of		f g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownershi (Instr. 4)
					Code	v	(A)	(D)	Date Exerc	cisable		Expiration Date	Title	Amount or Number of Shares					
Rsus (restricted Stock Units)	\$0	06/01/2021			М			1,521	06/0	01/2021	0	6/01/2030	Common Stock	1,521	\$0	0		D	
Rsus (restricted Stock Units)	\$0	06/01/2021			Α		812		06/01	1/2022 ^{(:}	L) (06/01/2031	Common Stock	812	\$0	812	2	D	
Options To Purchase Common Stock	\$138.45	06/01/2021			A		865		06/01	1/2022 ⁽²	²⁾	6/01/2031	Common Stock	865	\$0	865	5	D	

Explanation of Responses:

Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2020 Amended and Restated Non-Employee Director Equity Compensation Plan, with the RSUs generally vesting 100% after a one year period.
The stock options were granted under the Company's 2020 Amended and Restated Non-Employee Director Equity Compensation Plan and generally vest 100% after a one year period.

Sarah M. Oliker for John L.	
Workman by Power of	06/02/2021
<u>Attorney</u>	

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.