FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hartman Curt R						2. Issuer Name and Ticker or Trading Symbol CONMED Corp [CNMD]									ationship o all applio Directo	,				
	NMED CO	(First) (Middle) MED CORP NCEPT BOULEVARD				3. Date of Earliest Transaction (Month/Day/Year) 03/15/2022								X	below)	(give title	EO a	Other (s below) nd Chair	specify	
(Street) LARGO (City)	FI (S	tate)	33773 (Zip)		-	4. If Amendment, Date of Original Filed (Month/Day/Year)									ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	on-Deriv	vative	e Sec	urit	ies Ac	quired	d, Di	sposed o	f, or Be	nefici	ally	Owned					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				Execution Date		n Date,			es Acquired (A) or Of (D) (Instr. 3, 4 ar		d 5)	5. Amou Securitie Benefici Owned F Reporte	s For ally (D) ollowing (I) (I		n: Direct r Indirect estr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) or (D)	Price		Transaci (Instr. 3	ction(s)			(111511.4)		
Common Stock C			03/15/	/2022	2022					2,500	D	\$138	.429	7,	149		D			
Common Stock 03/15				03/15/	/2022)22			М		15,000	A	\$41	1.93 22,		,449		D		
Common Stock 03/15/20			/2022	22 F 8,650 D \$138.85 13,799				,799		D										
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
Derivative Conversion Date Execution Date, T Security or Exercise (Month/Day/Year) if any				ansaction of of Derivative			6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title ar of Securi Underlyin Derivativ (Instr. 3 a			ies g Securi	D	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)				
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	er						
Options To Purchase Common Stock	\$41.93	03/15/2022			М			15,000	(1)		03/01/2027	Common Stock	15,00	00	\$0	96,650)	D		

Explanation of Responses:

1. The stock options were granted under the Company's 2015 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

/s/ Sarah M. Oliker for Curt R. <u>Hartman by Power of Attorney</u>

03/17/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.