## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPI	ROVAL
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0.5

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obligations may continue. See
Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Kuyper Dirk</u>			2. Issuer Name and Ticker or Trading Symbol CONMED CORP [ CNMD ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
			[	X Director 10% Owner					
	C/O CONMED CORPORATION		3. Date of Earliest Transaction (Month/Day/Year) 04/08/2019	Officer (give title Other (specify below) below)					
525 FRENCH ROAD			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) UTICA	NY	13502		X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City)	(State)	(Zip)							
		Table I - Non-I	Derivative Securities Acquired, Disposed of, or B	eneficially Owned					
		1.	_ ,						

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	04/08/2019		M <sup>(1)</sup>		1,000	A	\$33.43	13,906	D	
Common Stock	04/08/2019		F		406	D	\$82.38	13,500	D	
Common Stock	04/08/2019		M <sup>(2)</sup>		1,000	A	\$39.64	14,500	D	
Common Stock	04/08/2019		F		482	D	\$82.38	14,018	D	
Common Stock	04/08/2019		M <sup>(3)</sup>		1,000	A	\$55.7	15,018	D	
Common Stock	04/08/2019		F		677	D	\$82.38	14,341	D	
Common Stock	04/08/2019		S <sup>(4)</sup>		2,000	D	\$83.39	12,341	D	

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) o Disp	osed 0) r. 3, 4		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Sars (Stock Appreciation Rights)	\$33.43	04/08/2019		M <sup>(1)</sup>			1,000	06/01/2014 <sup>(5)</sup>	07/26/2023	Common Stock	1,000	\$0	0	D	
Sars (Stock Appreciation Rights)	\$39.64	04/08/2019		M <sup>(2)</sup>			1,000	06/01/2015 <sup>(6)</sup>	09/11/2024	Common Stock	1,000	\$0	0	D	
Sars (Stock Appreciation Rights)	\$55.7	04/08/2019		M <sup>(3)</sup>			1,000	06/01/2016	06/01/2025	Common Stock	1,000	\$0	0	D	

### **Explanation of Responses:**

- 1. The exercise reported in this Form 4 was effected pursuant to a rule 10b5-1 Trading Plan adopted by the reporting person on March 6, 2019.
- 2. The exercise reported in this Form 4 was effected pursuant to a Rule 10b5-1 Trading Plan adopted by the reporting person on March 6, 2019.
- 3. The exercise reported in this Form 4 was effected pursuant to a Rule 10b5-1 Trading Plan adopted by the reporting person on March 6, 2019.
- 4. The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 Trading Plan adopted by the reporting person on March 6, 2019.
- 5. The stock appreciation rights ("SARs") were granted under the Company's 2007 Amended and Restated Non-Employee Director Equity Compensation Plan, with the SARs generally vesting 100% after a one vear period.
- 6. The stock appreciation rights ("SARs") were granted under the Company's 2007 Amended and Restated Non-Employee Director Equity Compensation Plan, with the SARs generally vesting upon completion of the term of service

Sarah M. Oliker for Dirk Kuyper by Power of Attorney

04/09/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.