FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

			0			S APPROVA	L
to Section 1	box if no longer subje 6. Form 4 or Form 5 may continue. <i>See</i> 1(b).	ct STATEN	Filed pursuant to Section 16(a) of the Securities Exchange Act of 193 or Section 30(h) of the Investment Company Act of 1940	_	P OMB Number: 3235-0 Estimated average burden hours per response:		5-0287 0.5
1. Name and Ad Jonas Dan	ddress of Reporting iel <u>S</u>	Person*	2. Issuer Name and Ticker or Trading Symbol <u>CONMED Corp</u> [CNMD]	(Check all appl Direct	icable) or	10% Owne	r
(Last) C/O CONM	(First) ED CORP	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/31/2023	A below	r (give title) ial Counsel &	Other (spec below) Corp Secy	Сіту
11311 CONCEPT BOULEVARD			4. If Amendment, Date of Original Filed (Month/Day/Year)	Line)		nt/Group Filing (Check Applicable	
(Street) LARGO	FL	33773			filed by More the	an One Reportin	ng
, (O'()	(0) ()	(7:)	Rule 10b5-1(c) Transaction Indication				

(City)	(State)	

(Zip)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. iall

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Of (D) (Instr. 3, 4 and Code (Instr. 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock	03/31/2023		A	v	40	A	\$98.67	14,088	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned												

(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		ransaction of ode (Instr. Derivative		vative rities lired r osed) r. 3, 4	Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

Daniel S. Jonas

** Signature of Reporting Person Date

04/04/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.