FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinaton	D C	20540
Vashington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Workman John L (Last) (First) (Middle) C/O CONMED CORPORATION					2. Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD] 3. Date of Earliest Transaction (Month/Day/Year) 06/01/2020									S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) Other (specify below)				vner	
525 FRE (Street) UTICA (City)	NCH ROA N	Y tate)	13502 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)								Lir	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Trans. Date							Code (Instr. 5)			d (A) or	5. Amount of Securities Beneficially		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount	Amount (A) or (D) Pri		Transaction(s) (Instr. 3 and 4)							
Common Stock 06/01				/202	/2020		M		1,407 A		\$0	17,	17,442		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/)	ate, T	ransaction ode (Instr.		5. Number of 6 Derivative E		6. Date Exercisa Expiration Date (Month/Day/Year		able and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported	ive ies sially ng ed	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Co	ode	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amoun or Numbe of Shares		Transacti (Instr. 4)	ion(s)	n(s)		
Rsus (restricted Stock Units)	\$0	06/01/2020		1	М			1,407	06/01/202	20 ⁽¹⁾	06/03/2029	Common Stock	1,407	\$0	0		D		
Rsus (restricted Stock Units)	\$0	06/01/2020			A		1,521		06/01/202	21 ⁽²⁾	06/01/2030	Common Stock	1,521	\$0	1,52	1	D		
Options To Purchase Common Stock	\$73.94	06/01/2020			A		1,843		06/01/202	21 ⁽³⁾	06/01/2030	Common Stock	1,843	\$0	1,84	3	D		

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2016 Amended and Restated Non-Employee Director Equity Compensation Plan, with the RSUs generally vesting 100% after a one year period.
- 2. Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2020 Amended and Restated Non-Employee Director Equity Compensation Plan, with the RSUs generally vesting 100% after a one year period.
- 3. The stock options were granted under the Company's 2020 Amended and Restated Non-Employee Director Equity Compensation Plan and generally vest 100% after a one year period.

Sarah M. Oliker for John L. Workman by Power of Attorney

06/03/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.