FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* GOLDEN JO ANN						2. Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD]										Relations heck all a	olicable)		erson(s) to Issuer		
(Last)	`	(First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 05/17/2006										Officer (give title below)		Other (specify below)		
110 PROCTOR BOULEVARD						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) UTICA	N		13501												X For	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5)		Zip)																		
				on-Deriv					÷)isp										
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/						Execution Date,				3. Transaction Code (Instr. 8) 4. Securities Disposed Of and 5)						Secu Ben Own		For (D) Indi	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									C	Code	v	Amou	nt (A) or (D)		Price	Rep Tran	Following Reported Transaction(s) (Instr. 3 and 4)		str. 4)	(instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)		4. Transact Code (In 8)	ion Number			Expi	6. Date Exercisable an Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		. 3	8. Price of Derivativ Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exer	e rcisable	Exp	iration e	Title	Amo or Num of Shar	ber						
Options to purchase common stock	\$19.78	05/17/2006			A		4,500		05/1	17/2007	05/1	17/2016	Commor Stock	4,5	00	\$0	14,500		D		

Explanation of Responses:

/s/ Jo Ann Golden

** Signature of Reporting Person

 $\underline{05/19/2006}$

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).