FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					Suer Name and Ti					Relationship of Reporting Person(s) to Issuer (Check all applicable)					
CORASANTI EUGENE R					ate of Earliest Tra				X	Director	10% (
(Last)	(First)	(Middl			18/2004		(, 2ay, . oa.,	X	Officer (give title below)	Other below	(specify)			
9 CARMEN LANE										Chairman of Board and CEO					
(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)				
UTICA	NY	13501							X	Form filed by One Reporting Person					
(City)	(State)	(7in)								Form filed by Mor Person	ore than One Reporting				
(City)	(State)	(Zip)			2 111 4					<u> </u>					
4 7711 60		l able I -		_	Securities Ac	quired	l, Dis				5. Amount of	6. Ownership	7. Nature		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		4. Securities Disposed O 5)			Securities Beneficially Owned	Form: Direct (D) or Indirect (I)	of Indirect Beneficial Ownership		
						Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)		
Common Sto	ck		11/18/2004	1		M		20,000	A	\$13.1666	293,462	D			
Common Sto	ck		11/18/2004	1		S		300	D	\$28.51	293,162	D			
Common Sto	ck		11/18/2004	1		S		1,373	D	\$28.52	291,789	D			
Common Sto	ck		11/18/2004	1		S		883	D	\$28.56	290,906	D			
Common Sto	ck		11/18/2004	1		S		1,168	D	\$28.57	289,738	D			
Common Sto	ck		11/18/2004	1		S		926	D	\$28.6	288,812	D			
Common Sto	ck		11/18/2004	1		S		2,000	D	\$28.62	286,812	D			
Common Sto	ck		11/18/2004	1		S		1,300	D	\$28.63	285,512	D			
Common Sto	ck		11/18/2004	1		S		1,050	D	\$28.65	284,462	D			
Common Sto	ck		11/18/2004	1		S		1,000	D	\$28.67	283,462	D			
Common Sto	ck		11/18/2004	1		S		3,088	D	\$28.7	280,374	D			
Common Sto	ck		11/18/2004	1		S		300	D	\$28.74	280,074	D			
Common Sto	ck		11/18/2004	1		S		1,470	D	\$28.77	278,604	D			
Common Sto	ck		11/18/2004	1		S		42	D	\$28.79	278,562	D			
Common Sto	ck		11/18/2004	1		S		100	D	\$28.81	278,462	D			
Common Sto	ck		11/19/2004	1		S		300	D	\$28.94	278,162	D			
Common Sto	ck		11/19/2004	1		S		700	D	\$28.93	277,462	D			
Common Sto	ck		11/19/2004	1		S		200	D	\$28.91	277,262	D			
Common Sto	ck		11/19/2004	1		S		200	D	\$28.9	277,062	D			
Common Sto	ck		11/19/2004	1		S		200	D	\$28.85	276,862	D			
Common Sto	ck		11/19/2004	1		S		900	D	\$28.77	275,962	D			
Common Sto	ck		11/19/2004	1		S		2,500	D	\$28.62	273,462	D			
Common Sto	ck										63,787	I	Spouse		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion Date Exe or Exercise (Month/Day/Year) if a		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Options to Purchase Common Stock	\$13.1666	11/18/2004		М			20,000	12/16/1997	12/16/2006	Common Stock	20,000	\$0	815,542	D	

Explanation of Responses:

/s/ Eugene R. Corasanti 11/22/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).