FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinaton	D C	20540
Vashington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number:	3235-0287									
	Estimated average burden										
- 1	hours nor resnance:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

1. Name and Cohen H (Last) C/O CONI	Issuer Name and Ticker or Trading Symbol CONMED CORP [CNMD] 3. Date of Earliest Transaction (Month/Day/Year) 05/18/2020 4. If Amendment, Date of Original Filed (Month/Day/Year)									S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) EVP CORP HR 6. Individual or Joint/Group Filing (Check Applicable									
(Street) UTICA	NY		3502												led by More	d by One Reporting Person d by More than One Reporting			
(City)	(Sta	te) (Z	ip)																
		Table	e I - Nor	n-Deriv	ative :	Secu	ıritie	s Acc	uired,	Dis	posed o	f, or Be	nefici	ally	Owned				
Date				2. Transa Date (Month/D	Execution I Day/Year) if any		Execution Date,				ies Acquired (A) Of (D) (Instr. 3, 4				s ally ollowing	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code	v	Amount					(A) or (D) Pr		•	Transaction(s) (Instr. 3 and 4)				(111341. 4)			
Common Stock 05/18					/2020		М		4,000	A	\$19	9.26	21,390			D			
Common Stock 05/18/						/2020 F 2,062 D \$			\$72	2.41	1 19,328			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	n Date,	ate, Transac Code (In		ion of		6. Date E Expiratio (Month/D	n Dat		Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficial Owned Following Rellowing Transactio (Instr. 4)	Own For Dire or li (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Numb of Share	er					
Sars (Stock Appreciation Rights)	\$19.26	05/18/2020			М			4,000	(1)		06/01/2020	Common Stock	4,00	0	\$0	0		D	

Explanation of Responses:

1. The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

/s/ Sarah M. Oliker for Heather Cohen by Power of Attorney

** Signature of Reporting Person

05/19/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.