## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address o	of Reporting Persor	* 1						cker or Trac <u> RP</u> [ CN	-	•				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last)	(Fi NMED COI		Middle)			3. Date of Earliest Transaction (Month/Day/Year) 07/30/2008								X b	fficer (give title elow) GAL AFFA		Other below)	specify	
525 FRENCH ROAD				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) UTICA	N	Y	13502-	-5994											X F	orm filed by O orm filed by M erson			
(City)	(S	tate) (	Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr. and 5)		rities Acquired (A ed Of (D) (Instr. 3,			Se Be Ov	Amount of curities neficially ned	Fo (D) Inc	Ownership orm: Direct ) or direct (I)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Price	Re Tr	lowing ported nsaction(s) str. 3 and 4)	(In	ıstr. 4)	(Instr. 4)
common stock 07				07/30/2	2008	008			М		10,00	00	Α	\$17	.74	12,435		D	
common stock (			07/30/2	2008				S		10,000		D	\$3	1	2,435		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative     2.     3. Transaction     3A. Deemed       Derivative     Conversion     Date     Execution       Security     Or Exercise     (Month/Day/Year)     if any       Instr. 3)     Derivative     Security     (Month/Day/Year)			ion Date,	n Date, Transac Code (Ir		tion of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		ı nstr. 3	8. Price of Derivat Securit (Instr.	/ Beneficia	e S Ily 9	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	0 N 0	umber					
opt. to purchase	\$17.74	07/30/2008			М			10,000	05/20/2004	4 0.	5/20/2013	comn	non 1	0.000	\$0	45,00	0	D	

Explanation of Responses:

common stock

Daniel	S. J	onas	

stock

07/31/2008

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.